

Lakeland Lady Lakers News

Edition 1 Volume 1

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Welcome to the first installation of the Lakeland Lady Lakers basketball team newsletter. We will be publishing this two times a month in the offseason and weekly throughout the high school and middle school season in an effort to keep our fans up to date on what is going on with the program.

Player Profile: Beka Stroop. Beka returns for her senior season as our leading returning



scorer and rebounder. Additionally, she also tied for the team lead in assists. Over the past 2 seasons, she also has developed into an outstanding leader both on and off the

court. This past summer she worked a great deal on her individual weaknesses in an effort to expand her game, and we feel that work will pay great dividends for both her and the program this winter.

Summer Wrap up: This off-season the girls were able to be very productive playing in 25-30 games in the month of June. With trying to integrate several new pieces and having several others look to expand their role, this was a very important summer for the program. I believe we accomplished much of what we set out to do, including playing at a faster pace, playing multiple defenses, and most importantly, we were able to finish games off where we either had to hang on, or finish comeback to secure victory. While you are hesitant to take too much from summer, we did see a lot of personal and collective growth and development, which we feel will be well highlighted this coming winter.

Fall Schedule: As we start getting back into the swing of things with school, that also means it is time to get back in the gym!! With that, the girls will be in the gym and weight room getting ready for the upcoming season after Labor Day and we are very excited about getting back to work!! Additionally, with help from the boys program we will be hosting a 3-3 tourney on Saturday, October 7, if you would like more information, please let me know

Fall Sports: One of the other things we have to look forward to this fall is seeing the girls participate in our fall sports season. This year we have Bailey, Kendall and Sadie playing volleyball, on the soccer field you can see Karly, Hailey, Madi, Kiersten, Ella, and Alex. Finally, you can see Bailey, Sadie, Madi, Alex, Kiersten and Ella on the golf course as part of the inaugural girls' golf team at Lakeland. We want to wish good luck to each of them on their seasons, as well as all the other Lakers participating this fall.

Graduates: As we begin to look forward to this season, we would like to give one last mention to our graduating seniors from last season. First, we would like to wish Steele the best of luck as she is off to Ball State to study nursing. Finally, we would like to wish good luck to Jaden as she looks to continue her athletic and academic career at Ancilla College where she will play basketball and be a criminal justice major.